Stephane Grenier is a Veteran of the Canadian Military who retired as a Lieutenant Colonel following 29 years of service and numerous overseas missions such as in Cambodia, Haiti, Lebanon, and Kuwait. Most notably, he spent 10 months in Rwanda in 1994/95 and six months in Kandahar, Afghanistan in 2007.

Faced with undiagnosed PTSD upon return from Rwanda, he took a personal interest in the way the Canadian Forces was dealing with mental health issues; a mission he has now decided to broaden to the entire Canadian workforce through his work in developing non-clinical mental health interventions as a complement to traditional clinical care. In 2010 he was seconded to the Mental Health Commission of Canada and since his retirement from the military in 2012, Grenier has founded a charity and created Mental Health Innovations, a social enterprise dedicated to rehumanizing workplaces in Canada.

Throughout his career, Grenier has been recognized for his transformational leadership style, commended for his collaborative efforts and outstanding leadership, specifically during the post war humanitarian disasters in Rwanda, and was awarded a Meritorious Service Cross by the Governor General of Canada for his work in the field of mental health and awarded an honorary degree of Doctor of Laws by the University of Guelph.

Dr. Arnold completed his M. D. at Queen’s University at Kingston in 1968 and was certified in general surgery in 1973. From 1973 to 1981 he worked as a surgical consultant in Labrador and Nouveau Québec. Dr. Arnold’s work in Occupational Health started in 1975 and has included roles with Quebec Cartier Mining Ltd, the Iron Ore Company of Canada, the Alberta Government, Dow Chemical Canada, Noranda, and Alcan.

Since retiring from Alcan in 2002, Dr. Arnold has been working as a consultant in HSE for the International Aluminium Institute, and has also done work for the International Council on Mining and Metals and several national and international companies. Dr. Arnold was a charter member and Chairperson of the Workforce Advisory Committee of the Mental Health Commission of Canada for 4 years and is a Board member on several volunteer boards.

Dr. Arnold has published/presented over 100 scientific papers. He has been recognized for his work in Occupational Health by his peers as the CBOM Memorial Lecturer and the Mastromatteo Orator for OEMAC. In 2012, he received the Canadian Workplace Wellness Pioneer Award and the Queen’s Diamond Jubilee Medal for his work in workplace psychological health and safety.
Richard Dixon is retired from his position as Vice President and Human Resources Officer at NAV Canada having served at the VP level at both CN Rail and Unisource Canada in the past. Richard was the Chair of FETCO (Federally Regulated Employers – Transportation and Communications) until September 2013. NAV Canada was recognized nationally for advancing mental health in its workplace through a pioneering peer support program.

He also served on the Workforce Advisory Committee and the Psychological Health and Safety Advancement Committee with the Mental Health Commission. He currently serves on the boards of Ashbury College and the Teachers Pension Plan Corporation (Nfld) as well as teaches in the Masters of Industrial Relations program at Queens (Mental health in the workplace.)
Cathy Murphy has achieved a reputation as a social innovator, developing with groups powerful idea’s and innovative practices that improve workers’ lives and the organizational culture, by addressing the most difficult workplace issues and psycho-social hazards.

She is a Registered Mental Health and Occupational Health Nurse, specializing in workplace Psychological Health and Safety. Cathy was a collaborative leader in establishing the Public Service Commission (PSC)-NL, Respectful Workplace and Employee Assistance Program. Providing mental health and conflict management services, training and capacity building initiatives to over 1200 public service leaders, managers, and union employees.

Cathy’s life experience provided the foundational education that guided her mental health practice. Cathy’s 30+ years of practice have focused on empowering, through knowledge, skills and services, individuals, families, organizations and the community’s capacity to promote mental health. She was featured in provincial and national nursing magazines as the “Nurse to Know” for her work in mental health, community development, conflict management, and capacity building; receiving several Awards of Excellence for her practice. She has been consulted and has presented as an expert in Workplace Mental Health, Consumerism and Peer Support within the Crisis Counseling Model.

Cathy operates Psychological Health and Safety Company out of Ottawa.